

## **Children and Families Overview and Scrutiny Panel**

### **Friday, 13 November 2020, 10.00 am, Online only**

#### **Membership**

##### **Councillors:**

Mrs F M Oborski (Chairman), Mr S J Mackay (Vice Chairman), Ms P Agar, Mr T Baker-Price, Mr B Clayton, Ms R L Dent, Mr P M McDonald, Ms T L Onslow and Mrs J A Potter

##### **Co-opted Church Representatives (for education matters)**

Mr B Allbut (Church of England)

##### **Parent Governor Representatives (for education matters)**

Vacancy

#### **Agenda**

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Agenda produced and published by the Assistant Director for Legal and Governance, County Hall, Spetchley Road, Worcester WR5 2NP. To obtain further information or hard copies of this agenda, please contact Alyson Grice 01905 844962/Samantha Morris 01905 844963 email: [scrutiny@worcestershire.gov.uk](mailto:scrutiny@worcestershire.gov.uk)

All the above reports and supporting information can be accessed via the Council's website [here](#)

Date of Issue: Tuesday 10 November 2020

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# **CHILDREN AND FAMILIES OVERVIEW AND SCRUTINY PANEL 13 NOVEMBER 2020**

## **UPDATE ON 0-19 STARTING WELL PARTNERSHIP**

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### **Summary**

1. The Cabinet Member with Responsibility for Health and Wellbeing, the Director of Public Health and representatives from the Herefordshire and Worcestershire Health and Care NHS Trust have been invited to attend the meeting to provide an update on latest developments in relation to the 0-19 Prevention and Early Intervention Service (Starting Well Partnership).

### **Background**

2. In May 2019, the Director of Public Health provided the Panel with a report on the Service that was being commissioned. This was followed by a further update to the Panel in February 2020 by the service provider describing the service model.
3. At the Panel meeting on 14 February 2020, it was agreed that:
  - Once the service was up and running, all Councillors would be informed of key access people in each district council area;
  - The Partnership would consider the possibility of accrediting volunteers;
  - The Panel would receive a further report in February/March 2021 to include how the service was progressing and performance against KPIs
4. The new integrated prevention and early intervention service, called the Starting Well Partnership, commenced 1 April 2020. The Starting Well Guide (Appendix 1) provides information on the service provision, including key contacts within each area.
5. From 23 March 2020, due to the COVID-19 pandemic national restrictions, the Service has needed to flex and deliver some aspects of this Service differently. This is therefore an interim report to highlight activity over the last eight months.

### **COVID-19 Prioritisation**

6. A presentation to support this Report and form the basis for the discussion is attached at Appendix 2.
7. In line with NHS prioritisation of Community Health Services, to release capacity to support the COVID-19 preparedness and response, the priorities for Public Health Nursing Services were identified nationally in March as:
  - Prepare staff for redeployment;

- Stop full service during pandemic for National Childhood Measurement Programme
- Partially stop services for Universal Antenatal visits, 6-8 week check, 9 month check; 2.5 year check, assessments for Children who are Looked After (LAC). Contacts continue with families identified as vulnerable or high risk;
- Continue other services but deliver virtually if clinically appropriate;
- To use digital technology to provide advice and support to patients wherever possible; and
- To support families accessing support where needed e.g. financial, food banks etc.

8. The Starting Well Partnership devised a COVID-19 Business Continuity plan to reflect the guidance above until end of July 2020. Although the Public Health Nurses were prepared to be redeployed to the Nightingale Hospitals etc, this was not required. Volunteers and Peer Supporters involvement decreased during this time due to their own commitments.

9. A letter in October from Public Health England (PHE), NHS England (NHSE) and the Local Government Association (LGA) outlining winter planning advises that professionals supporting children and families, such as health visitors, school nurses, designated safeguarding officers and nurses supporting children with special educational needs should not be redeployed to other services and should be supported to provide services through pregnancy, early years (0-19) and to the most vulnerable families. Therefore, a further Business Continuity plan was devised to accelerate the return to near-normal levels of services and for increasing face to face contacts and to meet the needs of the most vulnerable families.

10. This plan has a blended approach to contacts, which still entails use of technology for virtual consultations, appointment only clinics - not drop-in clinics, and face to face contacts within the family's home.

11. An example of a positive consequence is the breastfeeding support that is offered. Since the pandemic, Breastfeeding Support Workers (BFSWs) have conducted all contacts via the phone and/or virtually. After the initial contact, (which should take place within 48hours of hospital discharge/home birth) the Service is mother led i.e. families are encouraged to contact the Team as little or often as they like within the first six weeks (when breastfeeding can be most challenging). The BFSW's also provided a virtual group, which is not just for problems the mother may be facing but it also provides a valuable source of peer support. There is no age limit and antenatal mothers are also welcome.

12. There were some increases in breastfeeding rates during COVID-19 (see data below). Mothers provided feedback to say that they found the responsiveness of the virtual working extremely positive and felt confident that they had someone to turn to for advice.

	Apr-20	May-20	Jun-20	Jul-20	Aug-20	Sep-20
Being breastfed / partially breast fed	47.21%	53.59%	53.08%	51.15%	46.10%	50.46%

13. The Breastfeeding Support Service will continue this way of working and continue to gather feedback from mothers to inform delivery.

14. There have been many positive examples of Community capacity building. For example, Health Visitors are highlighting families that may need various items which can then be accessed from some supermarkets for free. The Community Health Connectors have made links with Aldi, Morrison's, Tesco and Sainsbury's who have been providing clothing for older children 8 - teenage years.

15. Further examples of where the Community Health Connectors have worked with local Councillors are:

- Receiving funding to create 'Understanding Your Child' activity packs, the aim of the packs was to help keep the children busy whilst parents attend the virtual parenting groups;
- Funding to buy 100 pumpkins to give out to vulnerable families with fun examples on how to safely carve the pumpkins with your child and some healthy pumpkin recipes too; and
- Community Health Connectors have organised 'Mental Health Litter Pick' in local communities. This initiative was supported by local Councillors who were involved in the planning meetings, helped bag the equipment and completed litter picks.

16. Other areas of the service that have been adapted for delivery during the pandemic are the facilitation of virtual Parenting Groups, School Drop-in's (where able), Health Visitor Telephone Advice Service (TAS) and virtual refresher training for volunteers.

17. All Partner organisations within the Starting Well Partnership have their own robust Volunteer and Peer Support policies and procedures in place. Every volunteer and Peer Supporter is allocated a supervisor and receives a full induction and training plan. The partnership agreed, for consistency and best practice, to adopt the Investing in Volunteers standards. Investing in Volunteers is the UK quality standard for good practice in volunteer management. The partnership is working towards these and may apply for the Quality Standard when all aspects of the standards are met.

18. When face to face contacts were reduced the TAS line was increased from one telephone line to 6 telephone lines. Over the months and as face to face contacts increased the use of the TAS line reduced and have now returned to one to enable the Health Visitors time to carry out the face to face contacts.

TAS 2020						
Call Breakdown - Quarter 1 Compared to Quarter 4						
Area	Q4			Q1		
	No. of calls recorded	No. of calls recorded	No. of calls recorded	No. of calls recorded	No. of calls recorded	No. of calls recorded
	January	February	March	April	May	June
All Areas	175	162	192	280	298	333
Total number of calls Q4	529					
Total number of calls Q1	911					

19. As schools closed due to COVID-19 and throughout the summer, the School Health Nurses proactively contacted the schools to discuss and link to the more vulnerable or at-risk children. Some of these young people were invited to a health clinic for one to one consultations, together with the offer of virtual and telephone contacts too. Once schools opened, face to face appointment only sessions were offered to take place within the school. School Health Nurses also had a 'Covid working Conversation with Key Teacher' about what would best suit their school.

20. New projects for the Service are also being developed such as the School Health Screener and 2 and half year integrated review. With regard to the School Health Screener, as the young people are required to complete their questionnaire electronically, there will be a need to work creatively with schools to address the young person's access to the schools IT suites due to all the enhanced cleaning regimes needed for COVID-19 prevention. The issues are being worked through as part of the pilot project; however, this may have an impact on the timescales for the rollout to all Worcestershire schools.

21. The Partnership, together with the Children and Adolescent Mental Health Service has supported Worcestershire Children's First Back to School Project and has collated a series of webinars. This is to provide support in dealing with barriers and anxieties around the return to school, for those children, young people and parents who did not re-engage following the extended absence due to COVID-19. Parents and young people can book onto these webinars and choose which session may be appropriate to them. Examples of the sessions are: Managing Change for Children and Young People with ASD; Back to school – Yoga; Coping with Change and Beating Worries/Anxiety.

22. The School Health Nursing Team is also working alongside the Public Health Local Outbreak Response Team to provide a Covid Support telephone helpline for Nurseries, Childminders and Schools. This is to provide advice and guidance on safe and effective ways of working during the COVID-19 Pandemic.

### **Starting Well Plus**

23. Starting Well Plus is a voluntary programme developed specifically for those expectant women under 25 years of age expecting their first baby. Parents accessing this programme may require additional support due to their circumstances. The uptake of this programme by parents, during the pandemic has been very low. To better understand the reasons for this some engagement work has taken place with a view to tailoring the programme to encourage participation. This information is currently being analysed so that a refreshed Starting Well Plus programme can be developed going forward.

### **Purpose of the Meeting**

24. The Children and Families Overview and Scrutiny Panel is asked to:

- Consider the information in this report, including impact and limitations due to COVID 19;
- Determine whether it wishes to receive any further information and an update in February 2021; and

- Agree whether it would wish to make any comments to the Cabinet Member with Responsibility for Health and Wellbeing and the representatives from the Herefordshire and Worcestershire Health and Care NHS Trust.

## **Supporting Information**

Appendix 1 – Professionals Guide to the Starting Well Partnership

Appendix 2 – presentation slides – Starting Well Partnership

## **Contact Points**

Alyson Grice / Alison Spall, Overview and Scrutiny Officers, Tel: 01905 844962 / 846607

Email: [scrutiny@worcestershire.gov.uk](mailto:scrutiny@worcestershire.gov.uk)

## **Background Papers**

In the opinion of the proper officer (in this case the Assistant Director for Legal and Governance), the following are the background papers relating to the subject matter of this report:

- [Agenda and Minutes of the Children and Families Overview and Scrutiny Panel 10 May 2019](#)
- [Agenda and Minutes of the Children and Families Overview and Scrutiny Panel 14 February 2020](#)

[All agendas and minutes are available on the Council's website here](#)

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**Starting Well Partnership**  
EVERY CONTACT SHAPES A LIFE

Professionals guide to

# Starting Well Partnership



Provided by:



In partnership with:



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# Starting Well Partnership



## Our Vision

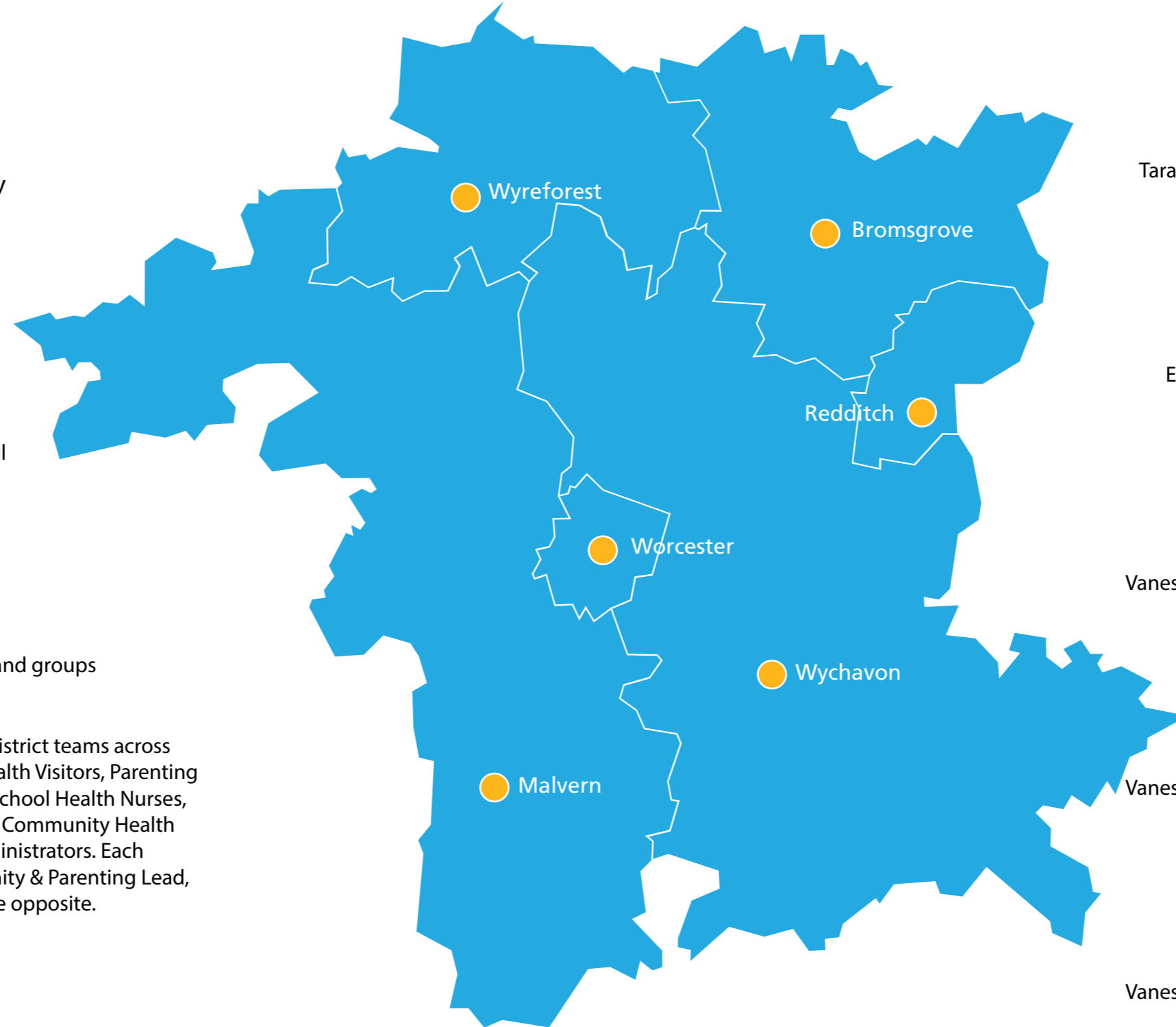
Our vision is for Worcestershire to be a wonderful place for all children and young people to grow up. We believe it is important that children and young people grow up safe from harm, to reach their potential and to lead happy, healthy and fulfilled lives.

## About Us

The Partnership, which is led by Worcestershire Health and Care NHS Trust and includes Barnardo's, Action for Children, and Redditch Borough Council, brings together a range of professionals that will support 'parents to be' and their children during the early years and will ensure young people's health needs are met as they move through school towards adulthood.

The Partnership works alongside lots of local organisations and community groups including schools. They identify and address health and wellbeing needs by empowering families and young people to access support networks and groups in their local community.

The Starting Well Partnership works within six district teams across Worcestershire. These teams are made up of Health Visitors, Parenting Support Workers, Community Nursery Nurses, School Health Nurses, Health Care Assistants, Volunteer Coordinators, Community Health Connectors, Business Support Officers and Administrators. Each District has a Public Health Lead and a Community & Parenting Lead, details for each district are available on the page opposite.



## Bromsgrove

### Public Health Lead

Natasha Morris-Day - natasha.morris-day@nhs.net

### Community & Parenting Lead

Tara Day - tara.day@bromsgroveandredditch.gov.uk

## Redditch

### Public Health Lead

Kate Tate - kate.tate@nhs.net

### Community & Parenting Lead

Tara Day - tara.day@bromsgroveandredditch.gov.uk

## Wyre Forest

### Public Health Lead

Donna Dancox - donna.dancox@nhs.net

### Community & Parenting Lead

Emily Bywater - emily.bywater@barnardos.org.uk

## Worcester

### Public Health Lead

Linda Murphy - linda.murphy@nhs.net

### Community & Parenting Lead

Vanessa Cole - vanessa.cole@actionforchildren.org.uk

## Wychavon

### Public Health Lead

Deborah Warner - debbiwarner@nhs.net

### Community & Parenting Lead

Vanessa Cole - vanessa.cole@actionforchildren.org.uk

## Malvern

### Public Health Lead

Julie Lunn - julie.lunn@nhs.net

### Community & Parenting Lead

Vanessa Cole - vanessa.cole@actionforchildren.org.uk

## Family Hubs

Family Hubs (formerly known as Children's Centres) are locations where we deliver and coordinate lots of our services. There are Family Hubs across the county (see map) and we also provide services from local community spaces such as community centres, health centres and schools.

The Hubs provide a space for families to access a wide range of information and services in a friendly environment. Our teams run a number of clinics and appointments from the Family Hubs, including toddler and baby groups, and Midwife appointments.

Families can also visit our Hubs if they need information about local services and to collect vitamins.

### Pear Tree Family Hub

Broad Street  
Bromsgrove  
B61 8LW  
Tel: 01527 835775

### Holly Trees Family Hub

Mabey Avenue  
Redditch  
B98 8HW  
Tel: 01527 61360

### Brookside Family Hub

Borrington Road  
Kidderminster  
DY10 3ED  
Tel: 01562 827207

### WANDS Family Hub

Farmers Way  
Droitwich  
WR9 9EQ  
Tel: 01905 827391

### Half Crown Wood Family Hub

Children's Centre  
Princess Way  
Stourport-on-Severn  
DY13 0EL  
Tel: 01299 877920

### Sunshine Family Hub

Bluebell Close  
Malvern  
WR14 3SW  
Tel:

### Saffron Family Hub

Stanley Road  
Worcester  
WR5 1BD  
Tel: 01905 767 107

### Tudor Way Family Hub

Tudor Way  
Worcester  
WR2 5QH  
Tel: 01905 749149

### Buttercup Family Hub

Carnforth Drive  
Worcester  
WR4 9HG  
Tel: 01905 758411



## Healthy Child Programme

Our Integrated Starting Well Partnership delivers the Healthy Child Programme (HCP) for families with children aged 0-19 years and up to 25 years for those children and young people with special needs. The Healthy Child Programme (HCP) is a public health programme for children, young people and families which focuses on early intervention and prevention. The HCP offers a programme of screening tests, immunisations, developmental reviews, information and guidance to support parenting and healthy lifestyle choices.

The 0-5 years Healthy Child Programme contacts include:

- Antenatal contact
- New birth visit at 10-14 days
- Contact at 6-8 weeks
- Contact at 3-4 months
- A child health review/development assessment by one year of age
- A child health review/development assessment by two and a half years of age
- A child health review/development assessment may be offered between 3-5 years

The 5-19 Healthy Child Programme offers support for health and wellbeing to all children and young people living in Worcestershire. Parents of young children and young people will be asked to complete a Digital Assessment known as the School Screener at the following times:

- 4-5 year old health needs assessment
- 10-11 year old health needs assessment
- 12-13 year old health needs assessment

We are also responsible for:

- Measuring and weighing children in reception and year 6 as part of the National Child Measurement Programme
- Universal screening for vision and audiology for reception children
- Supporting children and families with additional health needs or disability
- Relationships, sexual health and pregnancy
- Promoting healthy lifestyles in schools and communities through health education

The teams within the Starting Well Partnership will support the Healthy Child Programme by working in the following ways:

### Health Visitor

Our Health Visitors provide a professional public health service based on best evidence of what works for individuals, families, groups and communities; enhancing health and reducing health inequalities through a proactive, universal service for all children 0-5 years and for vulnerable populations targeted according to need. They visit families at home or in a Family Hub or clinic to assess a child's health and development needs and signpost and work with families as appropriate.

### Community Nursery Nurse

Community Nursery Nurses have specialist knowledge around child development and work closely with our Health Visitors to assess a child's needs. They can also provide lots of support and guidance on feeding, weaning, sleep and development.

### School Health Nurses

School Health Nurses are trained Nurses or Midwives who have received additional training in improving the health and wellbeing of children and young people. They work with families and young people from 5 to 19 years and are usually linked to a group of schools in their local area. School Nurses work across education and healthcare settings, providing a link for young people between school, home and the community.

### Health Care Assistant

The Healthcare Care Assistants work very closely with the School Health Nurses. They work with young people within schools and carry out the National Height and Weight measurement programme. They can also provide a variety of information to families with school aged children.

### Community Health Connectors

These are community workers who know the local area well and are aware of what support and services are available to families locally. They support parents and carers with all sorts of information and guidance around services ranging from free child care, how to get the correct vitamins, support for children with additional needs, local holiday activities and other services which could be of interest for you and your family.

The Community Health Connectors promote the latest information and guidance through awareness weeks such as 'Children's oral health Smile month' etc. They may ask families for their views and feedback to help us to make our services better.

### Parent Support Worker

Parent Support Workers are experienced workers who have had additional training in parenting strategies. They know that being a parent is one of the most rewarding things in the world, yet at times it can also be incredibly challenging. Parent Support Workers can provide groups to give parents opportunities to build confidence, consider additional strategies and to gain advice/support and meet other parents. During the sessions there will be discussions and time to explore topics to help manage children's behavior so everyone in the family enjoys life more.

Regardless the age of a child, a Parent Support Worker can support parents and carers to get the most from family life.

### Breastfeeding Support Workers

Breastfeeding Support Workers have had lots of experience and additional training in how to provide feeding support to expectant & new families. They make every effort to contact all mothers living in Worcestershire within 48 hours of hospital discharge or home birth. Together with Peer Support Volunteers and NCT Breastfeeding Counsellors they also provide Breast Feeding Support groups at sites across Worcestershire.

### Volunteer Co-ordinators

There is a Starting Well Volunteer Co-ordinator available within each District across Worcestershire. They ensure the service has effective and rigorous processes to ensure our Volunteers and Peer Supporters receive the best possible management support and progression if desired, and our service receives maximum benefit from our volunteers' and Peer Support contribution.

The co-ordinators' support Health Champions, Community Hub Volunteers, Breastfeeding Peer Supporters and Parenting Peer Supporters.

*Health visitor's, School Nurses, Community nursery nurses, Parent Support Workers, Community Health Connectors and Health Care Assistants, Breastfeeding Support Workers and Volunteer Co-ordinators all work together to look after families with children between 0-19 years and up to 25 years for those children with additional needs.*

### Starting Well Plus

Starting Well Plus is a new voluntary programme in Worcestershire developed with support and kind permission from Ripplez CIC Family First service. This programme is specifically for those under 25 years old expecting their first baby or having their first experience of parenting.

### ChatHealth

Our School Health Nurses provide free, confidential advice and support to young people aged 11-19 via the ChatHealth text service. The service is available between 9am-4:00pm Mon-Fri and can be accessed by texting 0750733170.

### Telephone Advice Service (TAS) - 0300 123 9551

Managed by the Health Visiting Team, the Partnership has Telephone Advice Service for parents of children under the age of 5 who wish to discuss any health and development concerns they have about their child. The service is available daily Mon-Fri between 8:00am-5:00pm

### Access to digital information and advice - [startingwellworcs.nhs.uk](http://startingwellworcs.nhs.uk)

Our digital platforms provide lots of useful information, support and advice for families, alongside details on how to access further support and guidance if needed. The Partnership is also active on social media, with Facebook, Twitter Youtube and Instagram accounts setup for services around the county.



@StartingWellPHN



Search 'Starting Well' on Facebook to find your local parenting group



Search 'Worcestershire Health and Care NHS Trust' on Youtube to watch our 'Children, Young People & Families' playlist.

### Safeguarding

We work closely with the Safeguarding Children's Board and Integrated Safeguarding Team to ensure that all children, young people and families within our area are safe and cared for.

By working together with other organisations and professionals we ensure that vulnerable people are not abused in any way, including physically, emotionally or sexually to prevent harm and neglect.

### Support during COVID-19 (coronavirus)

For the latest information on support and services available during COVID19, please visit our website: [www.startingwellworcs.nhs.uk](http://www.startingwellworcs.nhs.uk).

## Starting Well Partnership

Worcestershire Health and Care NHS Trust  
2 Kings Court  
Charles Hastings Way  
Worcester  
Worcestershire  
WR5 1JR

### Do you have a concern, complaint or comment?

Contact: Patient Relations Team, Worcestershire Health and Care NHS Trust,  
2 Kings Court, Charles Hastings Way, Worcester, Worcestershire, WR5 1JR

**Tel: 01905 681517 Email: [Whcnhs.pals@nhs.net](mailto:Whcnhs.pals@nhs.net)**

### Do you have a communication or information support need?

If so please contact the person who gave you this leaflet so that those needs can be recorded and responded to.

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# Starting Well Partnership

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Worcestershire  
Health and Care  
NHS Trust

In partnership with:  
  
Believe in  
children  
 Barnardo's

  
REDDITCH HEALTH CENTRE  
making  
difference  
[www.redditchbc.gov.uk](http://www.redditchbc.gov.uk)



# CHALLENGES

Starting Well Plus (*intensive home visiting for young mothers and vulnerable groups*)

- Recruitment was low during Covid
- Engagement work carried out to gain feedback
- Those mothers would now like to work with us to improve the service and look at lessons learnt.
- A task and finish group now established to review this service provision



# REDUCTION IN FACE TO FACE CONTACTS

## Issues:

- Due to potential redeployment and government/Institute of Health Visiting guidance face to face contacts scaled back to those most vulnerable.
- Some families reluctant or unable to use virtual methods
- New mothers, in particular, feeding back about isolation.

## What we did:

- Engagement work carried out to gain parental feedback
- Used Family Hubs and clinics to start offering face to face appointment only clinics
- Parenting and Community workers supporting virtual peer support groups
- Second phase recovery plan put in place to increase face to face contacts



# POSITIVE CONSEQUENCES

## Breastfeeding one to one support

- During Covid we've worked hard to stabilise the offer of breastfeeding support to families.
- Contacts with mothers were made within 48 hours of hospital discharge.
- Due to the use of technology we could make increased and responsive contacts
- During October engagement with mothers coming into contact with this service were asked for feedback with an overwhelming positive response.

*“Mum said that she found the service very helpful and as a first time mum without this service at this time she would have struggled. She did say that she finds video calls more personal but still felt the service was really helpful and she had called numerous times. Would rate the service 9/10”*

## Virtual Breastfeeding Support

- Virtual support groups were quickly established and we would like to increase these due to the positive uptake of the sessions.
  - The pandemic has afforded us many positives however it has impacted the volunteers considerably due to their own commitments during Covid. Next steps are to involve them in the delivery of virtual peer support groups.
- Training is already planned to enable this to take place, which in turn will provide mothers with further BF support.

The flyer features a pink circular logo on the left with a silhouette of a person breastfeeding a baby, surrounded by the text 'Worcestershire Welcomes Breastfeeding'. To the right, the text reads: 'Starting Well Partnership Breast Buddies - Peer Support', 'Virtual Breastfeeding Group', 'Tuesday mornings from 11:00am', 'Groups commence Tuesday 19th May 2020. To register your attendance email: your name, your baby's name and baby's date of birth to [whcnhs.breastfeedingsupport@nhs.net](mailto:whcnhs.breastfeedingsupport@nhs.net)', and 'Find us on Instagram @worcswelcomesbf'. The website [www.startingwellworcs.nhs.uk](http://www.startingwellworcs.nhs.uk) is at the bottom left, and the slogan 'EVERY CONTACT SHAPES A LIFE' is at the bottom right. The Starting Well Partnership logo is in the top right corner.

# POSITIVE CONSEQUENCES

## Community Support

- To raise awareness of World Mental Health day a 'great litter pick' was facilitated in a safe, socially distanced manner.
- Volunteers were encouraged to join in the 'great litter pick' to boost their own mental health by being outdoors and carrying out a good deed in their own neighbourhood.
- Biodegradable signs of 'kindness' were left by volunteers in the areas they had cleared.
- Looking at rolling this out to other areas



# THE GREAT PUMPKIN GIVEAWAY

Community Health Connectors, supported by local engineering company, provided pumpkins for vulnerable families with fun examples on how to safely carve the pumpkins with children and some healthy pumpkin recipe's too

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# HENRY HALF TERM HAMPERS

- Community Health Connectors delivered Henry Half term hampers to vulnerable families. These included ingredients for 5 main meals and recipes to cook with children during half term.
- Aldi's provided the bags for life and Tesco staff helped Community Health Connectors pack the bags with the ingredients.



# BACK TO SCHOOL WEBINARS

- Parent Support Workers, School Health Nurses and CAHMS team members provided webinars for parents and young people.
- This is to provide support in dealing with barriers and anxieties around the return to school, for those children, young people and parents who did not re-engage following the extended absence due to Covid-19.
- Parents and young people can book onto these webinars and choose which session may be appropriate to them. Examples of the sessions are: Managing Change for Children and Young People with ASD; Back to school – Yoga; Coping with Change, and Beating Worries/Anxiety.



**Back to School Worries?**  
We're here to support you

We are hosting a number of online sessions to support children and their families with their return to school.

Our sessions will cover;

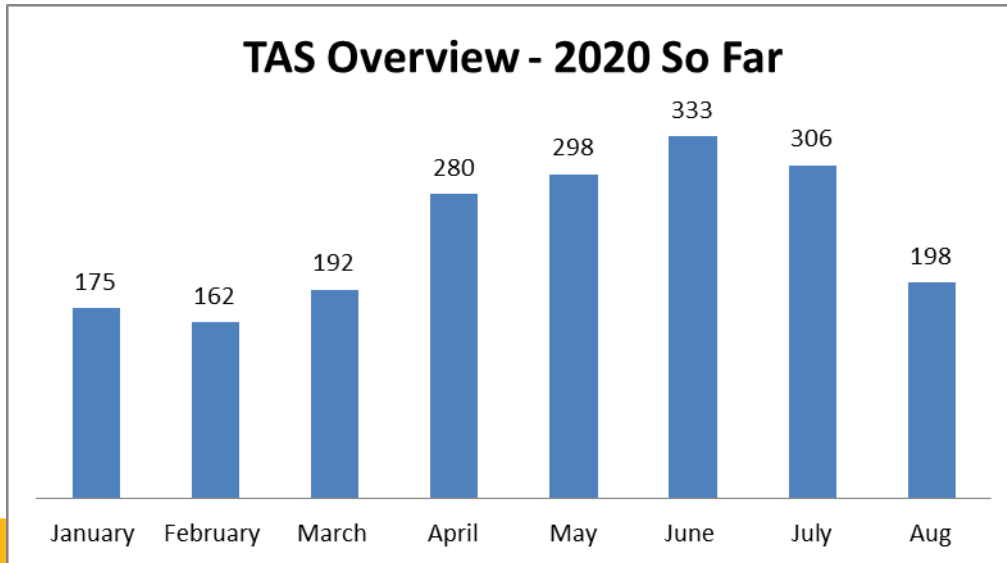
- Beating worries & anxiety
- Building relationships
- Coping with change
- Emotional regulation
- Managing change (specifically for children with Autism)
- The importance of exercise

To sign up visit [worcestershirehealthcare.nhs.uk](https://worcestershirehealthcare.nhs.uk/eventbrite)

**NHS**  
Worcestershire  
Health and Care  
NHS Trust

# HEALTH VISITOR TELEPHONE ADVICE SERVICE (TAS)

- In response to the reduction in face to face contacts with Health Visitors, we increased the TAS line from one to six.
- As more face to face contacts were introduced the telephone lines were reduced.
- Promoted widely on social media and with partners



**Your local Health Visitors are here for you**

If your child is under 5 years old and you need advice on issues such as feeding, behaviour, sleep or toileting contact our telephone advisory service on:

**0300 123 9551**

Available Mon-Fri 8am-4pm

[www.startingwellworcesters.nhs.uk](http://www.startingwellworcesters.nhs.uk)

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# COVID SUPPORT TELEPHONE SERVICE

- School Health Nurse team currently supporting the Worcestershire Local Outbreak Response Team (LORT)
- Providing a telephone support service for early tears settings and schools.
- Supporting schools with their risk assessments
- Ensuring parents have information about Covid guidance and do's and don'ts
- Looking at increasing communications to ensure schools are aware



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# What is School Screener?

- School Health Nurses are implementing the School Screener digital assessment system to help gather information about pupils' health in a Health Needs Assessment (HNA).
- Pupils from year 6 and 9, and parents of reception age children, will be asked to complete an electronic questionnaire capturing information in areas such as general health, health conditions, bullying and lifestyle.
- Currently being piloted in 5 schools over the autumn term.
- Will be rolled out to all Worcestershire schools after an evaluation involving staff, schools, pupils and parents.
- Covid impact - need to work creatively with schools to access IT suites due to enhanced cleaning regimes needed for Covid prevention. May have an impact on the timescales for the rollout.
- Follow the link below for a short video introducing the School Screener System:  
<https://vimeo.com/showcase/7307416>

# INTEGRATED TWO YEAR REVIEW

- Currently a Two year progress check within Early Years settings is carried out and a 2 ½ year assessment is carried out by Health Visitor teams
- Through developing communication links between health visitors, early years practitioners and parents or carers, a more complete, holistic picture of a child's progress can be gathered, identifying developmental needs and offering timely support or interventions.

A working group consisting of Early Years setting providers, Health Visiting teams, Early Years Advisors, are currently piloting this with the view to be rolled out across Worcestershire.



## NEXT STEPS

- Continue to develop new initiatives
- Continue with safe working practice to further increase face to face contacts and service recovery
- Continue to engage with service users and respond as necessary

# THANK YOU



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